

Scene SizeUp

- 1. Check Scene Safety
- 2. Check for other patients & witnesses
- 3. Consider Mechanism of Injury (MOI)
- 4. BSI = Put on Gloves, others if necessary

Introduction

- 1. Introduce yourself
- 2. Ask permission to assist

First Impressions
ABC

- 1. Take in general appearance
- 2. Check the patient's airway. Any issues?
- 3. Look, listen, and feel (~10 sec) for Pulse & Resp
- 4. Assess breathing distress or severe bleeding
- 5. "Go to Skin" on primary complaint, control bleeding

LOR

- What is your name? Where are you?
- What time is it? What happened?
- Can they communicate?

"Always" Questions

- 1. "Did you hit your head?"
- 2. "Did you hit your back?"
- 3. "Does your neck hurt?"
- 4. "Does your back hurt?"
- 5. "Did you ever lose consciousness?"
- 6. "Any medical conditions?" HEAD

Decision Point

- Go to Urgent Survey if ANY are true
- Can't communicate, be understood, or believe
- Any hits on "Always" - Altered consciousness
- Appearance is not normal - Anything "BIG" on MOI
- Your instinct tells you to

Minor Trauma

Major Trauma

Focused Survey
S-OPQRST

Urgent Survey
S-OPQRST

- S - Symptom => Clear spine Point to where it hurts Expose/Palpate CMS Repeat
- O - Onset
- P - Provoke
- Q - Quality
- R - Radiate
- S - Severity
- T - Time

- Head = S - Symptom
- Neck
- Spine O - Onset
- Shoulders P - Provoke
- Chest Q - Quality
- Ab quadrants R - Radiate
- Pelvis S - Severity
- Each thigh T - Time
- Peripheral CMS

- 1. Pulse (strength, rate, quality)
- 2. Respirations (strength, depth, rate, and quality)

Vital Signs

Radio Call

- S = sex
- A = age
- I = injury
- L = location (where are you?)
- E = equipment needed
- R = Request help/ambulance

[S]AMPLE

- [S - signs & symptoms]
- A - allergies
- M - medicines
- P - Prior medical conditions
- L - last oral intake
- E - events leading to complaint

Full Body Survey

- 1. Head - shape, eyes, ears, nose, mouth
- 2. Neck - trachea, jugular veins
- 3. Spine - at least try for Cervical Spine
- 4. Shoulders - squeeze one, then the other; along clavicles
- 5. Chest - Resist expansion; High & Low
- 6. Abdominal quadrants - check all 4
- 7. Pelvis - Squeeze in, squeeze down
- 8. Legs - palpate one, then the other, pedal test
- 9. Arms - palpate one, then the other, grip test

Vital Signs

- 1. Pulse (strength, rate, quality)
- 2. Respirations (strength, depth, rate, and quality)

Treatment